



# Proactive Career Management: Getting Ahead

April 4, 2019

Presented by Ellis Chase









#### **Proactive Career Management**

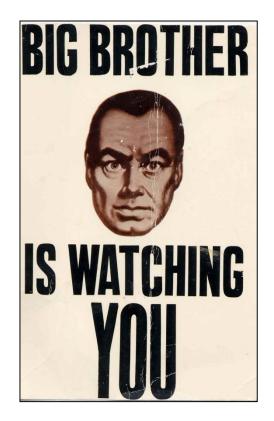
#### Agenda:

Maintaining and Building Internal and External Networks

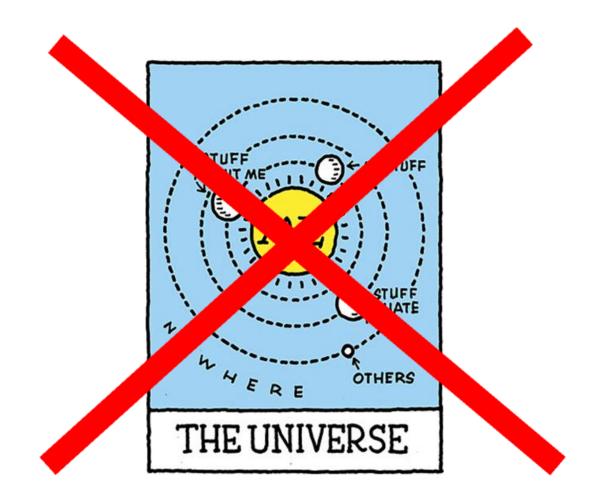
Some Thoughts About Social Media

Active Listening

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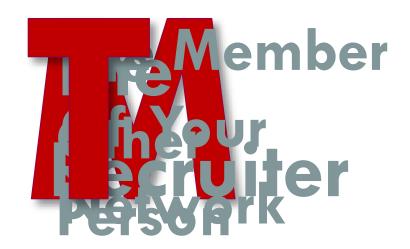




#### **The Negotiating Mindset**

# What's In it For Them

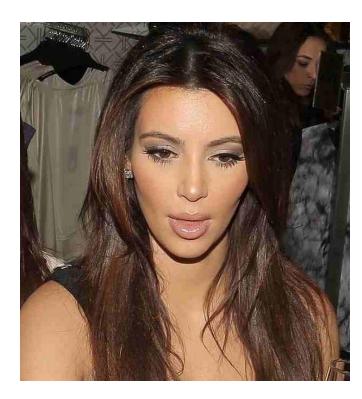




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# The Networking Process: Personal Style It helps to be an Extrovert, but...



# The Networking Process: Contexts Networking in a Social or Professional Setting



#### • INSIDE COMPANY

- Attend company functions and happy hours
- Meet someone new at each company meeting
- Join a committee or company team
- Stay active in professional organizations

#### OUTSIDE COMPANY

- Volunteer in your community
- Alumni Club
- Join a club (running club, basket weaving, wine tasting)
- Online resources keeping up in your field

• Sunshine • Light • Success and some a survey of the state of the second states of the same of

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#### A Word About Mentoring...

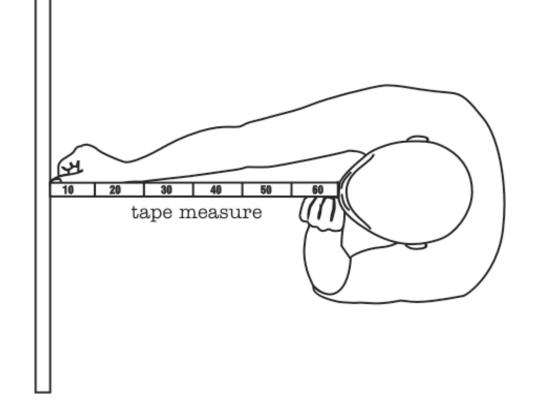


#### **Open Communications with Management**

- Established at initial negotiations?
- Email?
- Verbally?
- Consistency
- Short, concise, and big picture

# The Networking Thing (internally)

Arm's Length Networking



# Family

- Two options for avoiding old patterns:
  - Psychotherapy
  - Behavioral changes



### Top Ten Characteristics of Leadership

- Constant self-improvement and desire to learn
- Proactive, not reactive / self-motivated
- Active listening
- Presentation skills / clear communications
- Creating perception of confidence and belief
- Positive attitude / enthusiasm / motivating
- Business / telephone / email / general etiquette
- Conflict resolution skills
- Delegation skills
- Time management and prioritization

### First Impressions



Date: Thursday, 1/14, 1:08 pm To: Ellis Chase From: Peter Griffin Subject: No Subject

I want a job in general management. Resume to follow.

Date: Monday, 2/11, 3:52 pm To: Ellis Chase From: Meg Griffin Subject: RE: Appointment Confirmation

Hi Ellis,

Thanks for confirming the appointment. Very much looking forward to talking with you, and to kick-starting my process. I've attended some of the webinars, and so far what I've learned confirms what I've been thinking: that I might want to consider leveraging my healthcare background into some kind of marketing role. Not sure how to get started with all of that, and was hoping to get a bit of an overview from you.

See you Friday!

Sincerely,

Meg Griffin

- Avoid the Common Mistakes:
- Stay on top of your profile and continuously update.
- Reach out to others and personalize your invitations (think customized, not generalized).
- Participate in groups.
- Continuously work to build network.
- Take advantage of the search function.



#### **Be Aware:**

46% of people search names of business associates or colleagues on the Internet before meeting them.

93% of recruiters use search engines to learn about candidates.

58% of recruiters report that they have eliminated candidates based on information they found online.



- Control how you are perceived: start a blog or engage in online discussions appropriate to your profession.
- Search for yourself regularly, and consider using reputation management tools like Trackur, Google Alerts, Technorati, MonitorThis, Naymz, etc.
- Use Facebook's privacy controls (especially friend lists).
- If you don't want your mom or boss to see it, keep it private.
- Strike a balance between sharing and over-sharing.
- Restrict who can find your Facebook profile (via Facebook and Google)
- Tweet to others as you would want to be tweeted!
- Remember: your online efforts won't do any good if you have a bad reputation in the offline world.

# **Active Listening**

#### What makes someone a BAD listener?

- Interrupts
- Finishes sentences
- Brings topic to oneself
- On phone: multi-tasks during call



#### **Active Listening**

- Attending
- Encouraging
- Confirming (paraphrasing)
- Acknowledging (reflective listening)
- Body Language ("Listening with the third ear")
- Clarifying Questions (open versus closed)



#### **Proactive Career Management**

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Some Thoughts About Social Media

Active Listening

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#### **Coming Attractions / Webinars!**

 Keeping Your Brand Current – Pitch, Resume, LinkedIn

Monday, April 8, 12-1 pm ET

- Social Intelligence for Career Mobility: Communicating with Impact Thursday, April 11, 8-9 pm ET
- The Art of Salary Negotiations and Reviews Monday, April 15, 12-1 pm ET
- Career Transition in the Next Phase of Your Career: The 30,000-Foot View Thursday, April 18, 8-9 pm ET





### **Q&A / Additional Resources**

#### **Alumni Career Resources**

https://www.johnson.cornell.edu/Alumni/Career-Services

#### **Alumni Directory**

https://cornellconnect.cornell.edu/

#### **Quick Guide for Effective Interviewing**

https://tinyurl.com/interviewingquickguide

